

6100 Oak Tree Blvd., Suite 200 • Independence, OH 44131
(330) 518-8334 • palsforhealing.org

Helping individuals with:

- Early Crisis Response
- Childhood Abuse & Neglect
- Death of a Loved One
- Racial Trauma
- LGBTQIA topics
- Parental Incarceration
- Assault/Victims of Crime
- Being in the Foster Care System
- Domestic Violence
- A Loved One with Substance Use
- Serving in the Military
- Having a Soldier Family Member
- Bullying
- Divorce
- After a Natural Disasters/Global Issues

P.A.L.S. for Healing
NON-PROFIT TRAUMA INFORMED COUNSELING
Paper, Art Therapy, Letting Go, Self Actualization.

Misty Ramos Saviano, ATR, LPCC-S, EMDR, ACTP
Stephanie Barbee, LISW-S, EMDR
Melanie Dente, LPCC-S
Chase Harshbarger, LPCC
Stacey Diane Arañez Litam Ph.D., LPCC-S
Ally McCarley, ATR, LPCC
Ilona Ponomarova, LPC
Avril C. Sargeant, LPC, EMDR
Laura Serazin, ATR, LPCC, ACTP
Michele Slaght, CTIP, RM
Rachel Tomaszewski, ATR, LPCC, LICDC
*EMDR trained
All clinicians & social workers are*

Therapeutic STAFF

Dave Graneto, PE, Board President
John Daher, BBA, Board Treasurer
Michelle Mulhern, MPA, Board Secretary
William Denihan, Kimalon Dixon, Amy Furey-Ligan, J.D., M.S.H.A., Nina Morelli, Kelsey Music, MOD, SHRM-CP, Josh Rovenger, Rachel Silverman, MSE, PMP, Carol Wang, CP

Board OF DIRECTORS



Moving Lives Forward **2020**

P.A.L.S. for Healing
NON-PROFIT TRAUMA INFORMED COUNSELING

\$179,285
provided in **free
and reduced-fee
services**

Did you know?

P.A.L.S. for Healing
NON-PROFIT TRAUMA INFORMED COUNSELING

353
individuals served
who suffered
trauma and/or loss

163
support group
members

Equine Therapy
added as a **support
group**

2020 Was a
year of **Building**
a holistically healthy
**Organization &
Community**

Free, Virtual Art &
Mindfulness

Series with
6 activities
brought
individuals &
families safely
together during
quarantine

2021 Strategic
Plan was built
to **accommodate
changing times in 2021**

Added 4
new **members to
the board**

Increased
membership of **specialized committees to
help build PALS for Healing's future**

A Special
Thank You to
our Giving
Partners



Ohio Arts
COUNCIL



Stacy and
Ted Frank



Cuyahoga County
Public Library

DONATE
LIFE Lifebanc

MYCOM

LEONARD KRIEGER FUND
MINORITY ARTS & EDUCATION FUND
THATCHER FAMILY FOUNDATION

—
of the
—

CLEVELAND
Foundation

Duane Hein