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(330) 518-8334 • [palsforhealing.org](http://palsforhealing.org)

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All clinicians & social workers are  
EMDR trained

## Therapeutic STAFF

Helping individuals with:  
Early Crisis Response  
Childhood Abuse & Neglect  
Death of a Loved One  
Racial Trauma  
LGBTQIA topics  
Parental Incarceration  
Assault/Victims of Crime  
Being in the Foster Care System  
Domestic Violence  
A Loved One with Substance Use  
Serving in the Military  
Having a Soldier Family Member  
Bullying  
Divorce  
After a Natural Disasters/Global Issues  
Paper, Art Therapy, Letting Go, Self Actualization.

## P.A.L.S. for Healing NON-PROFIT TRAUMA INFORMED COUNSELING



Moving Lives  
Forward

# 2020

## P.A.L.S. for Healing

NON-PROFIT TRAUMA INFORMED COUNSELING

**\$179,285**  
provided in **free**  
and **reduced-fee**  
**services**

# *Did you know?*

**P.A.L.S. for Healing**  
NON-PROFIT TRAUMA INFORMED COUNSELING

**353**  
individuals served  
who suffered  
**trauma and/or loss**

**163**  
support group  
**members**

**Equine Therapy**  
added as a **support**  
**group**

**2020** Was a  
year of **Building**  
a holistically healthy  
**Organization &**  
**Community**

**Free, Virtual Art &**  
**Mindfulness**

**Series** with  
**6 activities**  
brought  
individuals &  
families safely  
together during  
quarantine

**2021 Strategic**  
**Plan** was built  
**to accommodate**  
**changing times in 2021**

**Added 4**  
new **members to**  
**the board**

**Increased**  
membership of **specialized committees to**  
**help build PALS for Healing's future**

A Special  
Thank You to  
our Giving  
Partners



**Ohio Arts**  
COUNCIL



**Stacy and**  
**Ted Frank**



Cuyahoga County  
Public Library

**DONATE**  
**LIFE** **Lifebanc**

**MYCOM**

LEONARD KRIEGER FUND  
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