



Moving Lives
Forward

2019

P.A.L.S. for Healing
NON-PROFIT TRAUMA INFORMED COUNSELING



334 individual
clients served

339 youth & 50
adults helped through
**art therapy camps &
groups**

\$69,528 in client
payments written off for
**underserved individuals
unable to afford services**

IN 2019

P.A.L.S. FOR HEALING HELPED THOSE
WHO HAVE SUFFERED TRAUMA
AND/OR LOSS HEAL THROUGH
ART THERAPY, EMDR, AND OTHER
TRAUMA-INFORMED THERAPIES,
IMPROVING OVERALL HEALTH.

Support Group Topics
Military Families, Parental Incarceration,
Substance Abuse in Families, Art/
Equine Therapy for Trauma, Death of a
Loved One Support

Encouraging
Growth

Rooted in
Community



732 individuals empowered
through art therapy at
community events

Therapeutic Groups held at
**several schools, libraries,
community centers, juvenile detention center, &
2 homeless shelters**

Responded to

2 School crises

5 Trainings given to
**121 professionals and
paraprofessionals**

School Groups ran in
**Thoreau Park Elementary,
Oxford Elementary, Parma
Senior High & Valley Forge**

P.A.L.S. for Healing

NON-PROFIT TRAUMA INFORMED COUNSELING

Paper. Art Therapy. Letting Go. Self Actualization.

*This year, we received an unqualified opinion from an
independent auditor which is what every non-profit hopes for.*

Giving
Partners

Event
Partners

Thatcher Family Foundation



**MEDICAL
MUTUAL
OF OHIO.**



**Stacy and
Ted Frank**



EDC
ELECTRICAL DESIGN CONSULTANTS



**LEGACY VILLAGE
LYNDHURST
COMMUNITY FUND**

P.A.L.S. for Healing

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Paper. Art Therapy. Letting Go. Self Actualization.

Serving those affected by:

Early Crisis Response
Childhood Abuse & Neglect
Death of a Loved One
Parental Incarceration
Assault
Tragic Accidents
Being in the Foster Care System
Domestic Violence
A Loved One with Substance Use
Serving in the Military
Having a Soldier Family Member
Bullying
Divorce
Experiencing Natural Disasters

Therapeutic STAFF

Chase Harshbarger, LPC
Misty Ramos Saviano, ATR,
LPCC-S, EMDR, ACTP
Rita Kanareff, LPCC-S, ATR-
BC, EMDR
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EMDR
Michele Slaght, C.T.I.P., R.M.
Rachel Tomasewski, LPCC,
LICDC, AT, CCTP

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