

P.A.L.S. for Healing

NON-PROFIT TRAUMA INFORMED COUNSELING

2024 Annual Report



Trauma and grief can often feel isolating, but the power of art therapy provides a beacon of hope and healing. Through creative expression, P.A.L.S. cultivated an inclusive space to not just provide therapeutic art experiences but to be a place of inclusivity, where every voice is heard and every story is valued. We explored how innovative projects fostered belonging, ignited creativity, and ultimately transformed lives through the shared language of art. Together, we created a space where healing and community thrive hand in hand.



About who we

SERVE

173 Individual Trauma & Grief Clients



100 Community helpers learned how to incorporate art therapy into their healing practices

Above State Poverty Level
17%

More than 8/10 of our clients live below the state poverty level- many with multiple kids on a single income

Below State Poverty Level
83%

139

people created art in support groups and community events at their schools and at various locations accross Cuyahoga County

75%

Group Participants are Youth



\$76,440

Free or reduced services provided in 2024

A Special

THANK YOU

Ohio Arts Council and Cuyahoga Arts and Culture
Along with our many donors and supporters!